



## Kent and Medway NHS and Social Care Partnership Trust

Have you or a relative been diagnosed with dementia?

Do you need more information and support?

Whether you have specific questions, or would just like to pop in for a chat, no appointment is required.

# Dementia Drop-in Clinic

Drop in between **12pm and 2pm** on:

Friday 6<sup>th</sup> January 2023 – Charing Surgery  
Friday 3<sup>rd</sup> February 2023 – Ivy Court Surgery  
Friday 3<sup>rd</sup> March 2023 – Hamstreet Surgery  
Friday 14<sup>th</sup> April 2023 – St Stephens Health Centre  
Friday 5<sup>th</sup> May 2023 – Charing Surgery  
Friday 2<sup>nd</sup> June 2023 – Ivy Court Surgery  
Friday 7<sup>th</sup> July 2023 – Hamstreet Surgery  
Friday 4<sup>th</sup> August 2023 – St Stephens Health Centre  
Friday 1<sup>st</sup> September 2023 – Charing Surgery  
Friday 6<sup>th</sup> October 2023 – Ivy Court Surgery  
Friday 3<sup>rd</sup> November 2023 – Hamstreet Surgery  
Friday 1<sup>st</sup> December 2023 – St Stephens Health Centre

**Advice on treatment, including medication and therapies**

**Support and strategies**

**Ideas to promote wellbeing and maintain activities**

**Discuss the impact of changing relationships and responsibilities**

**Signposting and information about other services available**

**For more information, please ring Ashford Older Peoples' Service on 01233 658125**

