# **Ashford Memory Loss - Dementia Groups**

#### **Memory Café**

(New Hayesbank Surgery Patient Participation Group)
Gardeners Café, Longacres Bybrook Barn, Cemetery Lane, TN24 9JZ
Held on the 2nd Tuesday of every month 2pm-3-30pm

## **Young At Heart**

2nd Floor, Ashford Library, Church Road, Ashford, TN23 LAS Held every 1st Monday of the month 12.30pm-2-30pm

## Dementia Friendship Café

Montford Manor Kennington Road, Willesborough, TN24 OYS Held on the 1st Wednesday of every month 10am-12pm

## P.R.I.S.M. Group. (Please Remember I'm Still Me)

Repton Community Centre, Repton Avenue, Ashford TN23 3RX Held on the 2nd Friday of each month 10.00am-12am

#### **Dementia Café**

Joe Fagg Community Centre Farrow Court Stanhope Road, TN23 5RF Held on the 3rd Friday of every month 1.30pm to 3.30pm

#### **Ashford Phoenix**

Repton Community Centre, Repton Avenue Ashford TN23 3RX Held on the 4<sup>th</sup> Thursday of every month 12.30pm-2.30pm

# The above groups welcome patients and carers from any Ashford GP Practices

Correct as at 12 June 2025